

HOW TO ADMINISTER FIRST AID



The primary survey can be used in any first aid situation, either in anticipation of the arrival of a qualified first aider, or the emergency services. There is a simple acronym to use to help you remember the steps: **DR ABC**.



Danger - Are there any further dangers?

For example, has the student cut themselves on glass that's still present? Make sure the situation is **SAFE** before continuing.



Response - Is the person responsive?

If not: pinch their earlobe or gently shake their shoulders to see if there's a response. Whether there's a response or not, move onto the next point; but those who are unresponsive are in a more serious condition.



Airway - Is the airway clear?

If the child is responsive, then you can directly check or treat them. If they are unresponsive, tilt the head and lift the chin to open the airway.



Breathing - Are they breathing?

If they're breathing normally, move onto circulation. If they're not breathing normally, then call 999 immediately. CPR should be administered at this point.



Circulation - Is there any severe bleeding?

If there is, then control the flow with any available dressings or clothing.

At this point if they are breathing normally but there is severe bleeding, call 999 for emergency help.



In practice, the primary survey is rapid, and in most scenarios in the school environment, you'll find that most steps can be bypassed, as serious events are unlikely. In the event of small cuts, bruises and incidents view our checklist on first aid kits.