

How to spot the signs of child grooming

It isn't always easy to spot when a child is being groomed. The signs are often hidden and can appear to be 'typical teenage behaviour'. However, we have looked into some of the signs that you might see.

Being very secretive about how they're spending their time, including when online



Having an older boyfriend or girlfriend



Having money or new things like clothes and mobile phones that they can't or won't explain



Underage drinking or drug taking



Spending more or less time online or on their devices



Being upset, withdrawn or distressed



Sexualised behaviour, language or an understanding of sex that's not appropriate for their age



Spending more time away from home or going missing for periods of time



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